



RCST BULLETIN



The Official Newsletter of the Rotary Club of South Triangle
R.I. District 3780, Quezon City, Philippines

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July 27, 2006

Redwood Restaurant

VP Bernie Cruz leads thrust on membership development

Pres. Manny Guballa in his president's time last week focused on membership and membership development among the many items taken up. He reminded the club about the program that was agreed upon during the club's planning session in Tagaytay City.

As VP for Internal Affairs and Club Service I Director, Rtn. Bernie Cruz reaffirmed his accepted responsibility to lead the thrust on membership and membership development. Per VP Bernie, the success of the program is dependent on all members participation but added that he will do his best to make the awareness always in a high note. Lead the way VP Bernie!

* * *

Last Saturday was a busy day for many in the Club. In the morning, there's the TRF district seminar that was attended by IPP BH Herrera-Dy and PN Cynthia Sotooka. At about the same time, PP Ben Roxas, Pres. Manny Guballa and PP Ricky Rios attended the practical shooting practice as



Vice-Pres. for Internal Affairs Bernie Cruz reports on Club Service I during the Governor's visit last July 6 at the Restaurant 9501, ELJ Tower. At the background is PP Frank Abueva.

conducted by VP Roy Rivero. VP Roy was impressed by the performance of PP Ben and Pres. Manny. Thanks to Mr. Abet Yu for hosting the shooting practice at his private range.

In the evening, there's the birthday party celebration of Rtn. Sonny Roa-Yu. PP Frank Abueva and spouse Delia, PP Ricky and spouse Ruby, PP Butch Arroyo, VP Bernie

VP Bernie Cruz ... / p. 5

President's Corner

by: Pres. Manny Guballa

There is a saying that "When it rains, it pours". It seems that when there are activities in the club, it seems to be clustered into a one-day affair. After our last meeting, we had a series of activities last Saturday. This started in the morning with the organization of the Shooter's Club of RCST. VP Roy had organized the event at Camp Karingal, however we acceded to the invitation of PP Ben that we hold it in his neighbor's house at Samar Ave. in South Triangle. We had a very generous host Abet Yu who happily accommodated us in his firing range. As our other members attended the TRF seminar we were firing off at Abet's firing range. Between VP Roy, PP Ben and myself we fired off over 100 rounds that day (compliments of VP Roy). PP Ricky took pictures and observed the event and indulged in a conversation (about a very "pleasant topic") with our host. This was followed by a fellowship at Abet's house after which we crossed over to PP Ben's house for a sumptuous late lunch.

After this we had to attend to the awarding night of the Liga ng mga Barangay at Amoranto Stadium headed by PP Xyrus (also the President of the Liga of Quezon City). PP Ben, CP Noli and myself were present during the awards night. The food, beer and drinks were overflowing that night and most barangay officials feasted themselves as they accepted their trophies and cash awards for duckpin, billiards and tenpins events.

Full to the brim we then proceeded to Rtn. Sonny's house for his birthday celebration. It was late Saturday night that we got to his residence and was met by generous amounts of brandy and "lechon". Most members already left and I had the pleasant company of PP Butch, VP Bernie, Sec. Cynthia and

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Prayer of the week ...

by: Rtn. Bimbo Baldo

"I love the Lord because he hears and answers my prayers. Because he bends down and listens, I will pray for as long as I have breath."

Father, help to do the right thing whether anyone is watching or not. I know you see my actions, and beyond that, you know the motives of my heart. I want my words and deeds to be pleasing to you. Father, please let my enthusiasm for life be contagious; may I live in such a way that causes other people to want to know you and how they can discover a different, better quality of life. Oh God, it's relatively easy to be happy when everything is going well in my life. Help me to be just as happy and positive in my outlook when things aren't so well.

Thank you Father, for giving me this amazing, incredible life, and for making it possible to enjoy every part of it, even the tough times. Thank you for being my future; I know you have good things in store, I will praise you now and forever for all that you've done for me.

Amen.

RCST Bulletin RY 2006-2007

IPP BH Herrera-Dy , Publisher
PP Ricky Rios, Editor

Pres. Manny Guballa, Regular Contributor
Sec. Cynthia Sotooka, Regular Contributor
PP Willy Chi, Regular Contributor
PP Ray Achaocso, Contributor
Rtn. Ella Pineda, Contributor
VP Bernie Cruz, Contributor

Now hear this ... (from p 6)

according to his own imaginative viewpoint. If you are waiting for the bottom line, don't expect to hear it from the Horse's mouth. Oddly enough, however, the Horse expects you to come to the point as quickly as possible. He has a short attention span, and little time for those who hem and haw their way to the issue.

Emotions and Relationships

Horses are well like by

nearly everybody and have a large circle of friends – but they can strain their friendships beyond belief. Not only are they moody, but they can be violent, if short-lived explosions of temper. To make the situation worse, the Horse expects you to forgive as easily as he does and has little patience for anyone petty enough to hold a grudge or nurse wounded feelings for long. They are eccentric but have great personal strength, perhaps due to their flexibility. Generous with their time, money and personal resources, the Horse will always bolt if his freedom is threatened. Security is unimportant to them. They are rarely attached to home and family; Horses always leave home early. Although they are capable of loyalty and devotion to spouses and children, settling down in order to get those things is not easy for the Horse. They expect others to forgive their transgressions and emotional wanderings as easily as they themselves forgot them.

Compatibility

Horses form the best partnerships with Tigers, Dogs and Sheep. The Dog will keep the recklessness of the Horse in check, and Tigers will stimulate their restless minds. The

PROGRAMME

Night Chairperson - VP Bernie Cruz

7:00 PM	Fellowship & Dinner	
7:30 PM	Invocation	PP Edcel Lagman
	National Anthem	PP Ray Achacoso
	Call to Order	Pres. Manny Guballa
	Intro. of Visiting Rotarians & Guests	Rtn. Edgar Moreno
	Celebrity Time	IPP BH Herrera-Dy
	Announcements & Correspondence	Sec. Cynthia Sotooka
	President's Time	Pres. Manny Guballa
	Classification Talk	PP Frank Abueva
	Adjournment	Pres. Manny Guballa
	A Rotarian's Hymn	All

Horse feels protective of the Sheep, who does not mind the inconsistencies of the Horse's behavior and lifestyle. The Horse has a finely tuned sense of danger and can provide excellent advice and counsel to the fiercer Dragon. Horses get along well with Snakes, Monkeys, Rabbits, Boars, Roosters and other Horses because the natives of these signs never place limits on any of the Horse's freedom. Rats and Horses suspect each other's motives, and the Ox is far too methodical and rigid for any Horse to deal with for any length of time. Conversely, the Ox is in it for the long haul and characteristically whimsical Horse behavior will cause any self-respecting Ox to break out in hives.

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Membership ... (from p 4)

do not look at a problem only to say someone else will solve it. We are the ones who ask why not us? We are the ones with the skills and the desire to build a better future. And we are the ones who must "Lead the Way".

We hope President Boyd's words inspire you as you "Lead the Way" in membership development efforts this year.

Foundation goals can provide the power to *Lead the Way*

July 2006

Dear friends of The Rotary Foundation:

The Rotary Foundation is a large and successful international organization. Its many accomplishments are achieved through the efforts of individual Rotarians, their clubs, and districts. Our mission statement to achieve world understanding and peace is a lofty goal that can only be achieved through the sustained action and commitment of Rotarians. Each year, the president of RI chooses a theme as an embodiment of the intentions of Rotarians, and the chair of The Rotary Foundation expresses the Foundation's goals.

Goal setting helps us determine our priorities, get organized, make big decisions, and realize our dreams. Goals have a power of their own when they are specific, manageable, and achievable. Goals can provide motivation and foster commitment. Clearly stated goals provide a framework to measure achievement and can be modified to reflect an organization's accomplishments.

As chairman of the Foundation's Board of Trustees for 2006-07, I am pleased to present the goals approved by the Trustees with an aim to achieving increasingly better results in the organization's operations.

All areas of our Foundation's endeavor — administration, investments, programs, and so forth — are equally important, and we will expend every effort and put every advantage to use for the optimum development of each. However, in order to expedite the work that lies ahead, we have chosen seven goals that will guide us and enable us to *Lead the Way* in 2006-07.

During 2006-07, The Rotary Foundation will:

1. Focus on the eradication of polio

2. Heighten its profile on the world stage in the field of peace and conflict resolution through its unique partnerships with premier institutions

3. Achieve a worldwide per capita of US\$100 in giving to the Annual Programs Fund while establishing a new record for major gifts to the Permanent Fund

4. Collaborate with Rotary International to enhance Rotary's public image

5. Improve grassroots-level training to increase awareness of the Foundation's mission

6. Articulate and implement the future vision of The Rotary Foundation for Rotary's second century of service

7. Strive to administer its programs with speed and simplicity

Thank you in advance for your lasting and generous support of The Rotary Foundation, today and into the future. Let us keep in mind that our Foundation is the best present that we can offer to ensure a shining future for Rotary.

Cordially,

Luis Vicente Giay

The Rotary Foundation Trustee Chair,
RY 2006-07

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Membership ... (from p 5)

Rotary more accessible and more friendly to new members. A meeting doesn't need to involve a hotel meal; breakfast meetings are both more affordable and easier to fit into a busy schedule. Encourage your club presidents to listen to their members and value their opinions. Encourage your clubs to break out of their established routines and to explore new ideas for projects.

As Rotarians, we are not content to let matters stay the way they have always been, in our clubs or in our communities. We are not content with the status quo, and we

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To Pres. Herman Guballa

July 2006

The Membership Minute Vol. 3, Ed. 1

Lead the Way

The following comments from RI President William Boyd are taken from a speech he delivered at the 2006 International Assembly.

Around the world, since before any of us here were born, Rotary has been changing lives in too many ways to count. As Rotary leaders, it is our responsibility to ensure that Rotary remains strong and able to help for many years to come.

New Rotarians join our clubs every day. Unfortunately, every day, some of those Rotarians leave. I know you all know this because it's a message you've heard many times before. Whenever anybody gets up in front of a room of Rotarians and starts talking about membership, you see a lot of eyes start to glaze over.

The truth is that our time is not best spent talking about how to attract new members. Our time would be far better spent in strengthening our clubs. Because Rotary, working properly, is attractive enough to retain existing members and attract new ones.

New Rotarians leave because of poor leadership, cost, and a lack of service opportunities. That's what they tell us. So I ask all of you to focus on strengthening the clubs in your districts in those three ways: making sure that there is a strong and effective club administration, that the cost of membership gives good value, and that every club runs a variety of engaging, useful, and productive projects, both in its own community and with partner clubs.

There are so many ways to make

Membership ... / p 4

VP Bernie Cruz ... (from p 1)

Cruz, PN Cynthia Sotooka, Rtn. Ella Pineda, spouse Flor Guballa, PP Ben and spouse Christel and Pres. Manny. Happy birthday Rtn. Sonny! PP Ben and Pres. Manny came late because they came from the Liga QC sportsbits awards night where PP Xyrus Lanot had to stay till closing being the Pres. of the Liga ng mga Barangay, QC Chapter, the sponsor of the very successful sportsbits. Congratulations PP Xyrus!

-- PP Ricky Rios

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President's Corner (from p 2)

her son and Auditor Ella. I was accompanied, as usual, with by PP Ben and Ann Christel. We mellowed the night away with the usual "karaoke" singing (maybe inviting "Glenda" along the way).

After the "SONA", I had the chance meeting with Kiko and Dinky Gutierrez and Vic Rodriguez in a restaurant along Sgt. Esguerra Ave. The main topic of discussion is our Rotary Club. I was at least assured of support from these members though time constraint remains to be one of their main problems. I would like to thank those of attended and represented the club in the TRF seminar. I would also like to thank those who attended the Membership Development Seminar. Last but not the least, I would like to thank VP Roy for the ammunition and, more so, the organization of the RCST Shooter's Club.

PS. – Please do not forget our RCST project (Reaching Communities by Saving Trees project) next week August 4, 2006.

Now Hear This ...

by: PP Willy Chi

The years of the Horse

Jan. 30, 1930 to Feb. 16, 1931

Feb. 15, 1942 to Feb. 4, 1943

Feb. 7, 1978 to Jan. 27, 1979

Jan. 27, 1990 to Feb. 14, 1991

The Horse corresponds to the Western Zodiac sign of Gemini, and rules the hours of 11 AM and 1 PM. Its direction is south, its ruling planet, Mercury. Summer Horses lead a more secure and less temperamental existence than the winter Horses, but Horses are never truly comfortable until well into middle age. Horses are cheerful, freedom-loving and almost always irresistible. Liberty, but not necessarily the liberty of others, is the motivating force for those born under the sign of the Horse. Horse independence often inconveniences others, because it is all but impossible for any Horse native to adhere to a schedule or timetable. They keep odd hours and can become insomniacs if they don't succeed in wearing themselves out before attempting to sleep. Although easily flattered, the Horse is highly perceptive and a phenomenally fast thinker; he can draw conclusions about people and situations based on the flimsiest of evidence. Occasionally, the Horse will depend entirely too much on his intuition and jump to improbable, impulsive conclusion, but he is responsible enough to live with the consequences. Horses are not possessive, suspicious, or jealous, and can talk anybody into anything. They are easily frustrated when they find that others simply don't have the capacity to turn on a dime the way they can. The Horse loves action, he talks fast, he thinks fast, and he moves fast, but the Horse is not necessarily in it for the long haul.

Physical exercise is of the utmost importance for the Horse and exertions tend to calm his

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high-strung nature. The Horse is full of contradictions; he is the kind who will work for thirty-six hour stretch and cannot be dragged from his bed for the next twenty! Flexible and versatile, when a Horse encounters the winds of change, he is likely to adroitly sidestep the weather and come back again another day. Like the Western sign of Gemini, the Horse is a busy sign, they can answer their phones, type a letter, and eat lunch all at the same time.

Horse natives, however can be fickle. They require travel and variety to remain at their peak, and need the respites of nature to calm them down. They make excellent salespeople, reporters, actors and communicators of all kinds. What they have in communication skills, however, they tend to lack in patience. They make poor teachers and homemakers, and anything that requires routine is deadly to the restless Horse.

Excitable and even frantic at times, the Horse is not the person to seek out in times of crisis. Anxious as he may be to help, he'll probably only succeed in making the situation worse than it is, and exhaust you as well. While the Horse is never intentionally deceptive, he is not above a few dramatics and can stretch the truth in an attempt to color the world

Now hear this ... / p 3

We are proud to announce the attendance of

of the Rotary Club of

held at the Redwood Restaurant pursuant to the
Attendance Rules of the Club Constitution and
By-Laws.

Club Secretary