



RCST BULLETIN



The Official Newsletter of the Rotary Club of South Triangle
R.I. District 3780, Quezon City, Philippines

Website: <http://www.rcsouthtriangle.org>

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August 31, 2006

Redwood Restaurant

RCST holds 1st board meeting

As agreed upon during last Thursday's regular meeting, the Rotary Club of South Triangle held its first board meeting for this Rotary year at the Redwood Restaurant. The following were taken up: membership development, barangay summit update, hosting the district job fair and organizing the upcoming charter anniversary celebration among others.

VP Bernie Cruz reported on the membership development seminar that he and PP Butch Arroyo attended at Club Filipino. Also in connection with the membership development, there is a plan to visit the resort of Rtn. Mike

Santos in Apalit on Sept. 10 to strengthen further the bond among members and the RCST family.

On the Barangay Summit, Pres. Manny Guballa with the assistance of the Liga ng mga Barangay, QC where PP Xyrus Lanot is current the President, will come up with a match list by next week.

On the district jobs fair, the club is set to promote to the district starting next week through the events chairman PP Willy Chi. The clubs in D-3780 will be requested to participate to this noble endeavor through food



Pres. Nominee / Secretary Cynthia Sotooka and PN Joel Guillermo with Rotary International President Nominee Wilfrid J. Wilkinson and spouse Joan during the testimonial dinner for the couple at the Club Filipino, Philippines.

sponsorship at P500 only and through banners that reflect the club's name and the event also for P500. A club may participate in both.

VP Bernie Cruz was unanimously endorsed by the Board to chair the upcoming charter anniversary celebration on Nov. 9. VP Bernie readily accepted the task and requested PP Butch Arroyo and PP Ricky Rios as vice-chairpersons. The suggestion of IPP BH Herrera-Dy regarding the motif, Leaders of Nations, was unanimously approved.

Per Pres. Manny, the club is working

RCST holds ... / p 3

President's Corner

by: Pres. Manny Guballa

The board meeting last Tuesday, at Redwood, was another highlight in the annals of the Rotary Club of South Triangle. So much was discussed that night that many of the upcoming events were tackled with closure and detail. It was also a very happy and fun meeting however retaining the order of a regular board meeting.

First to be discussed was a planned trip to Rotary Community Corps area in Bato, Catanduanes. Director Art has recently forwarded an open invitation for the club to come and visit Catanduanes and see the public library and the future Alternative Learning Center the club is putting up in the locality. The trip by plane costs 5,800+ pesos back and forth however a special price of 5,200+ pesos is being given to the first 10 passengers of Asian Spirit Airlines. Since the area is in the typhoon belt, the trip has to be schedule towards the end of the typhoon season (mid October onwards). PP Butch, PP Frank, VP Bernie and I have shown interest in going on the aforementioned trip.

Our October projects include the Barangay Day and the Jobs Fair slated during the first week of October 2006. The Jobs Fair is scheduled on October 2, 2006 and will be held at the covered walk of the Quezon City Hall. Different participating clubs will be asked to disseminate the different job offers during the said date, and show their participation by sponsoring a club poster which will be displayed in the said area. Sponsorship for food of the different job sponsors (breakfast and lunch) can also be given. We plan to disseminate this to the district during the whole month of September.

During the barangay day, we are planning to schedule a partnership MOA signing between the different Rotary Clubs in the district and the different barangays in

Quezon City. Tentatively we are assigning the different club a partner barangay and hope to introduce, in person, the barangay captain and the president of each club during the MOA signing in front of the mayor, city council and district officers. This is scheduled on October 7, 2006 tentatively at the Amoranto Oval. Planning for this event is scheduled on a family outing day on September 10, 2006 in Pampanga.

The last event is our scheduled anniversary celebration on November 9, 2006. This is going to be held at the Amoranto Multipurpose Hall in the evening. Since the Rotary Theme is "Lead the Way", all members and guests are encouraged to come in a costume of a very well known leader (whether it be present or in the past). A prize of 5,000.00 pesos will be given to the best-dressed "leader" during that night. VP Bernie is spearheading the said affair.

I wish to thank and congratulate PP Butch for accepting the position of Vocational Service Director for this year. We all know his enthusiasm and dedication to the Rotary Club of South Triangle. Lastly, I wish to congratulate "Grandpa" Willy for his first grandson "Rey". I do hope that in between changing diapers, preparing the milk and spoiling his grandson, he may still find time to attend our meetings.

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RCST Bulletin RY 2006-2007

IPP BH Herrera-Dy , Publisher
PP Ricky Rios, Editor

Pres. Manny Guballa, Regular Contributor
Sec. Cynthia Sotooka, Regular Contributor
PP Willy Chi, Regular Contributor
Rtn. Bimbo Baldo, Regular Contributor
PP Ray Achaocso, Contributor
Rtn. Ella Pineda, Contributor
VP Bernie Cruz, Contributor

Announcements & Correspondence

- The search for RCST's nominee/s to the 2 GSE Outbound Teams is on. Deadline for submission to the District is on Sep. 30. For more info visit our GSE webpage at <http://www.rcsouthtriangle.org/GSE>.

- Congratulations to PP Willy Chi and spouse Daisy on their first grandson Ryan.

PROGRAMME

Night Chairperson - Rtn. Ella Pineda

7:00 PM Fellowship & Dinner

7:30 PM Invocation

National Anthem

Call to Order

Intro. of Visiting Rotarians

& Guests

Celebrity Time

Announcements &

Correspondence

President's Time

Adjournment

A Rotarian's Hymn

FSec. Bimbo Baldo

PSec. Sylvia Lazo

Pres. Manny Guballa

PSec. Alvin Montano

PP Willy Chi

Sec. Cynthia Sotooka

Pres. Manny Guballa

Pres. Manny Guballa

All

Now hear this ... (from p 6)

problems come to them, those they love, and even complete strangers. They are sympathetic listeners and practical helpers. Boars value security and, at the same time, they take it for granted.

Compatibility

Boars are happiest with the gentle Sheep or the elegant Rabbit. The Sheep understands the Boar tendency to self-indulge. The Rabbit refines the rougher aspect of the Boars character. Boars can get along well with Tigers and their antics. Boar/Boar relationships often don't have enough sparks to keep either party interested for long. Rats, Oxen, Dragons, Horses, Roosters, and Dogs prove favorable because the Boar is easygoing and tolerant of their rambunctious ways. Boars have great difficulty with Monkeys and Snakes. Both signs are too complex, cunning and wily for the Boar.

Thank you very much for following The 12 Chinese Elemental Astrology. Now you've learned about your personality, your strengths, your weaknesses and your relationships with others, in this oldest and

most venerable system of astrology in the world. Please keep in mind that a person's animal sign is only one of the determining factors in a person's chart, and can be significantly altered by the 5 Elements or 5 forces. The 5 forces are Water, Fire, Wood, Metal and Earth, how it compliment and coincide with the 12-year animal signs will be discussed in detail in my following articles for you to gain a better understanding of your sign in Chinese Astrology.

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RCST holds ... (from p 1)

on a "Computer school-On-Wheels" matching grant. He is confident that this project will get the district's nod.

Present in the Board meeting were Pres. Manny Guballa, Pres. Nominee / Sec. Cynthia Sotooka, PP Frank Abueva, Auditor Ella Pineda, VP Bernie Cruz, PP Ricky Rios, PP Butch Arroyo, FSec. Bimbo Baldo and IPP BH Herrera-Dy.

-- PP Ricky Rios

Rotary Basics - Part 2

Rotary's guiding principles

Throughout Rotary's history, several basic principles have been developed to guide Rotarians in achieving the ideal of service and high ethical standards.

Object of Rotary: First formulated in 1910 and adapted through the years as Rotary's mission expanded, the Object of Rotary provides a succinct definition of the organization's purpose as well as the club member's responsibilities.

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST:** The development of acquaintance as an opportunity for service;
- **SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Classification principle: By assigning each member a classification based on his or her business or profession, this system ensures that each club's membership reflects the business and professional composition of its community. The number of members holding a particular classification is limited according to the size of the club. The goal is professional diversity, which enlivens the club's social

atmosphere and provides a rich resource of occupational expertise to carry out service projects and provide club leadership.

Avenues of Service: Based on the Object of Rotary, the four Avenues of Service are Rotary's philosophical cornerstone and the foundation on which club activity is based:

- **Club Service** focuses on strengthening fellowship and ensuring the effective functioning of the club.
- **Vocational Service** encourages Rotarians to serve others through their vocations and to practice high ethical standards.
- **Community Service** covers the projects and activities the club undertakes to improve life in its community.
- **International Service** encompasses actions taken to expand Rotary's humanitarian reach around the globe and to promote world understanding and peace.

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Now hear this ... (from p 8)

their finer qualities. Because of his innate generosity, the Boar is considered fortunate indeed and will rarely have to face the destructive ups and downs of the Tiger, Dragon, or Horse. His resilience, fortitude, and generally scrupulous character will carry him through.

Though highly intelligent, the Boar is not terribly deep. Their philosophic approach to life can border on the superstitious and fatalistic. If they are pushed against a wall, feeling as though they have nothing to lose, they can go on bouts of self-gratification and self destruction that would make Henry the Eighth look like an ascetic. Above all, Boars love the good things in life. They have enormous physical appetites and, without self control, he is prone to be exploited and debased in all kinds of debauchery. Boars can, however, work as hard as they play. Their basic

Now hear this ... / p 5

Food for Thought

by: PN Cynthia Sotooka

SWEET CONTENTMENT

Ah, sweet contentment! What would it take to make you contented? A new house? A new car? A new dress? Happy children? The perfect job or career? A perfect partner? A perfect health? A perfect cash flow? If we stop, and think about it, we could probably come up with with a lot of things. A winning lotto ticket might be at the top of the list for some of us.

Will all of the above really make you contented? I can guarantee if you had one or all of the above, you wouldn't be contented very long. Why? Because contentment can not be found in physical things. All of these things will become less alluring with time. The house will age. The car will either become stagnant or reach its climax. The health will eventually fail when we grow old. The millions of pesos will soon be spent. These things only offer temporary contentment.

The Apostle Paul has learned a bit about contentment. He has found it in poverty and riches; in whatever situation in which he has found himself. He has found contentment in hunger and plenty; in ease and suffering. What is his secret? Paul has learned that contentment is found in Jesus. Paul had such a hunger of God that nothing else would do. He was so sold out to Jesus that whatever he wanted was fine with Paul. Would you sing if you were beaten, bleeding, and cast into a stinking, wet, rat infested prison cell? Paul did. Would you return to the city that beat you, stoned you and cast you out of the city gates thinking you were dead? Paul did. Would you witness to the men who held you captive, awaiting a trial that would likely to deliver you to the executioner? Paul did.

See the difference? Paul's contentment never changed, never rusted, never died, never argued, never faded away. His contentment was based upon the Jesus who is the same yesterday, today and forever.

Next time we look at our "want list" let's ask the question, "Will it bring real contentment? Or will it only provide temporary happiness?" Then decide if you really want or need it.

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Now hear this ... (from p 4)

talents, conscientiously applied, insure triumphs. And triumphant, the Boars will provide for any and all the members of his entourage. The neighbor who routinely barbecues rib-eye steaks for everyone living in a ten-block radius is undoubtedly a Boar.

Boars excel in business, social work, and charity and are among the best fundraisers around. They seek practical solutions to problems and can get others enthusiastic about causes, simply because they know the Boar not only believes what he's saying, but has also given a fair amount of money of his own. They are superb chefs and lovers. They are excellent at managing people and make understanding and sympathetic personnel managers. Their innate appreciation of the arts makes them superb patrons, philanthropist, and producers.

Emotions and Relationships

Boar hearts are permanently affixed to their sleeves. Warm-hearted and honest, it is impossible for any Boar to hide emotions. Sexy and sensual, the physical side of love is never from the Boar's thoughts. He would rather express his love physically than intellectually, but his tempestuous affairs generally end with the Boar as the injured party. Still, Boars were born for commitment and their hearts never stay broken for too long. The phrase "ask and you will receive"

Now hear this ... / p 6

About AGRISUD (from p 7)

professional or institutional entities, or local NGO's.

4. Protecting the Environment

a. Programs are environmentally friendly and respectful of eco-systems. They alleviate pressure on soil, forests and water. Special care is given to the conservation of soil fertility.

5. Supplying Food Markets

a. Food supply to urban markets is greatly increased. Economic Observatories provide small entrepreneurs with economic data about markets and prices, facilitating farm product circulation and helping adjust production to demand.

6. Contributing to Food Security

a. Small entrepreneurs trained and supported are vegetable, fruit or poultry farmers, usually located around urban areas. These Green Belts improve food supply and provide urban markets with fresh farm product. Food imports are significantly reduced, and the nutritional balance of urban populations dramatically improved.

Training, Monitoring, and Supporting:

It has developed a specific METHOD to create and/ or rehabilitate family-size agricultural/ farming enterprises.

Now hear this ... (from p 5)

describes the Boar perfectly, but he is nevertheless scrupulous to a fault. His fabled generosity requires that the Boar be on the giving rather than the receiving end of things, and he is most happy when he is most magnanimous. Besides, it can be unwise to overindulge the already indulgent Boar. The Boar will give you anything you ask, but territorial types beware. Boar will just as happily help themselves to anything in your closet, refrigerator or your liquor cabinet.

No one can love with such abandonment as the Boar, and yet he prefers to keep his sentiments secret and even anonymous. He worships from afar for years and years without the loved one having the slightest inkling of his feelings, and he manages to take care of his physical needs in more practical ways. It is likely that the Boar has developed the ability to keep his head and body separate. He loves with all his heart, but if that love is not appropriate or adequately reciprocated, you can be sure that the rest of his body will remain happily occupied elsewhere.

If he has complaints, you can be sure that he will express himself in mild, jovial ways. He takes sincere criticism well and will genuinely try to do better if his faults are pointed out. In his generosity he may tend to do too much, overdo his devotion and smother those he loves, which will not go over too well with independent types. Boars are close to their parents and anyone else who approves of them. As parents themselves, they generally spoil their children. Quick-tempered himself, the Boar hates fighting and always ends by giving the other person the benefit of the doubt. They respond well to reason or food in states of emotional excess. If you are in the wrong, chances are the Boar won't be the one to tell you so. Boars are strong, tough customers with powerful backs to carry what

Now hear this ... / p 3

Hi Rtn friend Ricardo, Greetings !

We would like to invite you to join the AGRISUD << solidarity chain >> Looking forward to hearing from you soon. No Need of money just local assistance.

Rotary clubs of France are endeavouring in creating a "solidarity chain" of clubs - not to give money but to "lend a hand" to AGRISUD. A retired French CEO has invented the AGRISUD system that has given food to 53,000 hungry in teaching them how to fix it themselves. His name is Jacques Baratier and although he is 85. He organised a meeting in June with several Paris Rotary clubs. Rotary will create a "solidarity chain" of clubs to help AGRISUD with logistic assistance where needed. No need for money - AGRISUD is selfsupporting. Dynamic Rotarians are trying to "lend a hand" in order to build the "solidarity chain. To my mind this kind of linkage will be very useful for many areas. By putting little effort we can create many smiles.

Please visit http://www.agrisud.org/index_home.htm to know more about the AGRISUD.

Please check with your club/ clubs in the neighbourhood & confirm your club participation in the programme as you will see from correspondence below. Also refer to the attached evaluation report. You may also visit the website of this organisation.

You can confirm to me & I will pass on your consent & confirmation to the concerened.

Navjit

Rtn Navjit Singh Aulakh,PP, MPF
AGRISUD ORG. - India Region Co-ordinator

* * * * *

I would like to endorse our participation with the club's approval. This may be useful to our future RCC in Bato, Catanduanes.

-- PP Ricky Rios

About AGRISUD

Mission:

Develop small, income generating sustainable agricultural/ farming enterprises focused on food supply for local urban markets.

Create jobs, basic wealth, regular income and added value by promoting economic development.

Restore economic self-sufficiency and dignity.

Contribute to sustainable development and food security in developing countries.

Approach to create a sustainable development and fight poverty

1. Focusing on the Human Factor

- a. Approach to development focuses on the human factor. Its programs give people under the poverty line access to economic and social self-sufficiency.

2. Enhancing Women's Potential

- a. Places special emphasis on untapped aptitude to creating and managing small enterprises, furthering the process of gender equality. Women do receive special attention and benefits from A G R I S U D INTERNATIONAL's method.

3. Transferring Know-how for Further Development

- a. Local resource centers – created to provide small entrepreneurs ongoing technical monitoring – continue enterprise support until the farmer's self-sufficiency is achieved. Expertise and support are then transferred to local

About AGRISUD / p 6

Now Hear This ...

by: PP Willy Chi

The Years of the Boar

Feb. 4, 1935 to Jan 23, 1936

Jan 27 1971 to Jan 15 1972

Jan 22 1947 to Feb. 9 1948

Feb 13, 1983 to Feb 1, 1984

Feb 8, 1959 to Jan 27, 1960

Jan 31, 1995 to Feb 18, 1996

The Boar corresponds to the Western sign of Scorpio, ruled by Saturn. The hours ruled by the Boar are 9 pm to 11 pm. Its direction is north-northwest. Boars born during the summer are more prone to excess of all kinds than those born during the winter months.

Nice guys finish last, and the Chinese calendar ends with the sign of the Boar. Honest, simple and sturdy, the Boar is one of the most natural easygoing personalities around. They are popular, well liked, and have a cheerful outlook and earthy sense of humor. Like the Sheep and Rabbit, the Boar seeks harmony above all else. These people let bygones be bygones and never hold a grudge. The Boar is a great believer in giving people enough rope to hang themselves. Sociable and good-humored, the Boar is a naturally happy, well-adjusted sign. Boars love parties, clubs, and celebrations of all kinds. They were born for extended networks and associations. Incapable of deception themselves, Boars do not understand it in others and would rather be led to the slaughter than live in an intrigue of lies. They are sincere, warmhearted and trustworthy. Often they have difficulty in understanding other, more devious types, so it is easy to pull the wool over a Boar's eyes. Boars are perennially innocent and can be quite sincerely confused by the Machiavellian machinations of other more crafty animal signs.

The Boar is the original soft touch

Read the RCST Bulletin in the internet at
http://www.rcsouthtriangle.org/Club_bulletin.html

and will open his home and give out money to all. He is generous to those he loves and those he wants to love him, and will share everything he has, even to his own detriment. Chances are the Boar will go bankrupt at least once in his life, but he will take full responsibility and will never be down for long. Boar people often allow others to take advantage of them, but the Boar is never without resources. He has a genius for attracting money and help from others, and his resoluteness, cheerful attitude and resilience are sure to see him through even in the most trying of circumstances.

Ingenuous though the Boar may appear, he is never stupid. Boars live by the code that "what is yours will come to you," and the Boar is not averse to waiting a long time for that to happen. He sustains a great inner belief in the rhythm of nature and the sensuality of life. This is perhaps the secret to his strength. Boars work hard, but do so with grace and gentleness. These are people who make work look easy; suffering is not part of their style. Although they are sensitive souls, they can dismiss criticism and conflict with a shrug and are strong enough to sustain great misfortune without undue damage to

Now hear this ... / p 4

We are proud to announce the attendance of

of the Rotary Club of

held at the Redwood Restaurant pursuant to the
Attendance Rules of the Club Constitution and
By-Laws.

Club Secretary