



RCST BULLETIN



The Official Newsletter of the Rotary Club of South Triangle
R.I. District 3780, Quezon City, Philippines

Website: <http://www.rcsouthtriangle.org>

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September 21, 2006

Kitaro Restaurant, E. Lopez St.

Club evaluates preparations for upcoming club and district events

In last Thursday's club meeting at the posh Quezon Club located at the corner of Sgt. Esguerra St. and Panay Ave., Pres. Manny Guballa reviewed the level of readiness of the many upcoming events that the club would be undertaking including some district events.

The D-3780 Super Jobs Fair on October 2 where PP Willy Chi is the district chair and IPP BH Herrera-Dy is the club chair, was evaluated as ready but needs more promoting to the different clubs in the district to encourage their participation and increase awareness. A big streamer is now displayed at the entrance of the Rotary Center announcing the Oct. 2 event. This super jobs fair is doubly important because it coincides with the birthday of Mayor Sonny 'SB' Belmonte. The venue is at the Quezon City Hall covered walk.

The next event which the club is hosting is the "Barangay Summit" on October 7 at the Amoranto Multi-purpose Hall. Per Pres. Manny, the list matching the different Rotary clubs in the district with the barangays of Quezon is almost complete. When the match list is completed, it will be presented to Gov.



Relaxing, Pres. Manny Guballa with his four sons, Gabby, Mikee, Kiko and Ton-ton, takes a dip at the jacuzzi during the club's family outing at the farm of Rtn. Mike Santos in Apalit, Pampanga.

Danny Espinosa and then disseminated to the different clubs through their club presidents. On October 7 a MOA signing will take place between the match Rotary club and barangay.

Also in last Thursday's meeting the 2nd Councilor BH Herrera-Dy shootfest on Nov. 4-5 will now be known simply as RCST shootfest and this will be held on Nov. 24 at Camp Karingal. This came about after some deliberation among IPP BH, Pres. Manny and shootfest chairman, VP Roy Rivero.

Per Pres. Manny, the Charter celebration solicitation letters had been printed.

-- PP Ricky Rios

President's Corner

by: Pres. Manny Guballa

Last Saturday, September 16, 2006, we had the second club president's meeting and fellowship at the Rotary Center. Much was discussed pertaining to the different projects of the different clubs as well as scheduled activities in the district.

More importantly, two of the club's projects for the upcoming month of October were discussed. These are the Jobs Fair on October 2, 2006 at the Quezon City Walk and the Barangay Summit slated to be held on October 7, 2006 at the Bulwagan Hall of the Quezon City Hall. PP Willy spoke extensively about the Jobs Fair to the different presidents and AGR's present during the meeting. The Barangay Summit scheduled on October 7, 2006 might be delayed due to the difficulty in assigning a barangay to a certain Rotary Club. During the president's meeting, DG Dan made an impromptu survey to accommodate the request of the different clubs for their adopted barangays. Another meeting to discuss this "assignments" was scheduled with the different district officers this coming weekend.

Other projects scheduled during the next two months includes the September 30, 2006 "Araw ng Kabataan" Activities (where the club – through the generosity of IPP BH) has already a very important contribution. This will be held at the gymnasium just behind the Philippine Science High School grounds as announced in the meeting. October 2, 2006 also is the scheduled launching of the Rotary Clinic at the ground floor of the Rotary Center. This clinic will be participated by different member doctors in the district. The main services conducted in these clinics are pediatrics, obstetrics, EENT and surgery. Corollary to this are the ongoing Anti-TB program and mobile X-ray clinics. "Project Breasts", sponsored by the Rotary Club of

QC Southwest will coincide with the Barangay Summit schedule, October 7, 2006, but the venue will be conveniently located in the Quezon City Hall grounds. On October 12, 2006, the Rotary Club of Quezon City will schedule a bloodletting day in the district. Another bloodletting program and wellness day is scheduled on the birthday of DG Dan on October 19, 2006 sponsored by RC Agham and Kagitingang Cubao. On October 20, 2006, the Rotary Club of Tandang Sora is schedule to hold the 1st "DG Dan Golf Tournament". Last but not the least is the "October fest" Activities on October 27, 2006.

On September 22, 2006, a meeting of all presidents' of the RCC will be held. We all know the ambitious project of our RCC in Catanduanes so our presence at the Rotary Center is requested. There are a myriad of events scheduled this month and the next. There are more scheduled events which I will discussed next week and this includes the Rotary Academy, the On-to-Utah launching, TRF Recognition Night and the Past President's Night on November 24, 2006.

We have to concentrate on the two very important projects of the club this coming month of October. We have our mainstay activity on November 9, 2006. Our RCST trees project is still ongoing and our planned Shootfest is schedule on November 24, 2006.

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IPP BH Herrera-Dy , Publisher
PP Ricky Rios, Editor

Pres. Manny Guballa, Regular Contributor
Sec. Cynthia Sotooka, Regular Contributor
PP Willy Chi, Regular Contributor
Rtn. Bimbo Baldo, Regular Contributor
PP Ray Achaocso, Contributor
Rtn. Ella Pineda, Contributor
VP Bernie Cruz, Contributor

Announcements & Correspondence

- D-3780 Super Jobs Fair is on October 2, 2006 at the Quezon City Hall covered walk to coincide with Mayor Sonny 'SB' Belmonte's birthday. Host club - RCST, District Chair - PP Willy Chi, Club Chair - IPP BH Herrera-Dy.

- D-3780 Barangay Summit is on October 7, 2006 at the Amoranto Multi-purpose hall to coincide with the Barangay Day celebration.

Host club - RCST.

- The 14th Charter Anniversary Celebration is on November 9, 2006 at the Amoranto multi-purpose hall. Theme is "Leaders of Nations". Overall chair - VP Bernie Cruz.

- Rotaract Club of South Triangle induction of officers on November 9, 2006 to coincide with the 14th Charter Anniversary Celebration of RCST.

- November 17, 2006 - Tentative induction date of the being formed RCST sponsored RCC of Bato-Catanduanes. RCST head representative - Director Art Tarnate.

- The RCST shootfest is on November 24, 2006 at Camp Karingal. Chairman - VP Roy Rivero.

- Please be reminded to remit your "Reaching Communities by Saving Trees" collections to office secretary Diane and continue promoting the project by selling the tickets.

PROGRAMME

Night Chairperson - PP Ray Achacoso

7:00 PM Fellowship & Dinner

7:30 PM Invocation IPP BH Herrera-Dy

National Anthem All

Call to Order Pres. Manny Guballa

Intro. of Visiting Rotarians

& Guests PP Edcel Lagman

Celebrity Time VP Bernie Cruz

Announcements &

Correspondence Sec. Cynthia Sotooka

President's Time Pres. Manny Guballa

Guest Speaker PP Cathy Calupitan

Adjournment Pres. Manny Guballa

A Rotarian's Hymn All

Rota-Quotes

by: PP Ray Achacoso

"IMMORTALITY"

I long to believe in immortality.

JOHN KEATS

God created man to be immortal, and made him to be an image of his own eternity.

BIBLE, The Wisdom of Solomon

I shall see the Son of God, the Son of glory, and shine myself, as that sun shines.

JOHN DONNE, Sermons

When all the desires that enter one's heart are abandoned, then does the mortal become immortal.

BRIHADARANYAKA UPANISHAD

If I err in my belief that the souls of men are immortal, I err gladly, and do not wish to lose so delightful an error.

CICERO, De senectute

Young blood

Why Rotary needs it and how to get it

By Vanessa N. Glavinskas

The Rotarian

September 2006

I go to Rotary clubs, and I look at photos, and I think, How did it happen that we don't look like the young businesspeople in Paul Harris' first club?" says Rosemary Barker Aragon, regional Rotary International membership coordinator for Zone 23 (USA).

A recent study shows that most Rotarians are between the ages of 50 and 59. Rotarians under 40 make up only 11 percent of overall membership.

"If we don't get enough young people into Rotary, then Rotary will die," RI President Bill Boyd told the newest regional Rotary International membership coordinators (RRIMCs) at their training seminar in March. "We take young people and give them that Rotaract experience and then tell them, Go away — come back in 10 years."

Youth program alumni rarely make the transition into Rotary, a pattern that many consider a missed opportunity. After all, participants in Interact, Rotaract, Rotary Youth Leadership Awards, Rotary Youth Exchange, and Group Study Exchange are selected because they represent the best of the best in their age group. Many are sponsored by Rotarians or The Rotary Foundation to travel abroad, where they learn about the organization and develop exceptional leadership skills. About 84 percent of current RI and Foundation educational program participants say they would like to join Rotary someday. Still, most

of them are not invited to join.

"There are many clubs [in England] who say, 'Why would they want to join us? We are not working, we're older and set in our ways,' rather than trying to make their club attractive to younger people," says RRIMC John Hockin, of the Rotary Club of Woodhall Spa, England. And some Rotarians in Europe and Japan believe that young people don't have enough professional experience to be Rotarians.

"There are clubs that say at age 25, you can't be at the top," says Argentine RRIMC Modesta Genesio de Stabio, who hails from a region with a relatively high proportion of young Rotarians. "But you have to know who are the young leaders in your community and invite them into Rotary."

In 2001, the Rotary Club of Birigui, Brazil, did just that. After having little success recruiting younger people, the club's members decided to establish a new club and looked to young community leaders to become its charter members.

Mauricio Barbeiro, a 28-year-old systems analyst, was courted because of his demonstrated leadership in Interact. "Today, we work in partnership with our founding club," says Barbeiro of the new Birigui-Cidade Pérola club. "We can reach other levels in society by promoting something in places older people don't go, like a dance club, for example. People in my city don't relate Rotary to old people. They relate Rotary to service."

In other parts of the world, young professionals are actually reshaping the business landscape, which gives current Rotarians another incentive to recruit them. "In India, more and more youth are getting into business," says Ramachandran Ganapathi, a member of the RI Membership Development and Retention Committee and the Rotary Club

of Madras-T. Nagar, India. He notes that this trend, combined with the country's rapid economic growth, means tomorrow's leaders will be younger than ever before. "As the IT [information technology] sector booms, we try to make Rotary attractive to its leaders."

Sam F. Owori, of the Rotary Club of Kampala, Uganda, says clubs in his district use Rotaract as a recruiting tool. "Many Rotaractors know more about Rotary than the Rotarians," Owori says. Rotaractors around age 30 begin visiting Rotary clubs in their area to determine which one they would feel most comfortable joining. "They join [Rotaract] with their sights set on becoming Rotarians," he says.

Although recruiting younger members is crucial to ensuring a strong future for Rotary, many RRIMCs point out that seasoned members are still the backbone of the organization. They bring both knowledge and resources to their clubs, and older members, especially retirees, often have more time than younger members to devote to service projects, not to mention a wealth of business savvy to pass on.

Because demographics and cultural norms vary by region, there's no single best way to attract younger members. But if you're concerned about the future of Rotary in your area, take a look at your local business community and compare it with your club. Do they reflect the same picture? If not, raise the issue with club leadership for discussion. Your club might consider supporting one of Rotary's youth programs or keeping better tabs on youth program alumni for future recruitment. Also, stay aware of volunteer trends, and keep an eye on other organizations in your region. Is there a young professionals group that potential Rotarians flock to over your club? Finally, try to picture your club 10 years from now. Who will be in

Lighter side ... from roti breadbasket

In a dark and gloomy room, the fortune teller was startled by what she saw in her crystal ball. She looked up at her customer, sitting across the table "There's no easy way to say this, so I'll just be blunt. Prepare yourself to be a widow. Your husband will die a violent and horrible death this year.

Visibly shaken, the woman stared at the psychic's lined face, then at the single flickering candle, then down at her hands. She took a few deep breaths to compose herself. She simply had to know. She met the fortune teller's gaze, steadied her voice, and asked: "Will I get away with it?"

My husband used to be a civilian test pilot for the air force One day I told him I was concerned about him taking a plane up for the first time after it had been repaired. "Don't worry, dear," he reassured me. "The mechanic knows he'll be going up with me."

One night at an economy motel, a man ordered a 6 a.m. wake-up call. The next morning, he awoke before 6, but the phone did not ring until 6:30. "Good morning," a young man said sheepishly. "This is your wake-up call." Annoyed, he let the hotel worker have it. "You were supposed to call me at 6!" he complained. "What if I had a million-dollar deal to close this morning, and your oversight made me miss out on it?" "Well, sir," the desk clerk quickly replied, "if you had a million-dollar deal to close, you probably wouldn't be staying in this motel!"

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charge? Will the club still be a pillar in your community? Get everyone involved in keeping your club relevant. After all, the next 100 years are up to you.

Food for Thought

by: PN Cynthia Sotooka

GET HELP IF YOU'RE A CREDIT ADDICT

Mary hunt tells of her agonizing life as a credit addict in her book "THE FINANCIALLY CONFIDENT WOMAN". She was unemployed and \$100,000 deep in debt when she made a choice to either give up using her credit card or face financial ruin. Through determination and GOD'S grace, she was able to rise from this trial and is now a financially confident woman;

HERE'S A CHECKLIST FROM HER OF WHAT WE CALL A CREDIT ADDICT. SEE IF ANY OF THESE DESCRIPTIONS APPLY TO YOU.

- * I AM ALWAYS NEAR THE LIMIT OF MY CREDIT CARD.
- * I OFTEN USE THIS MONTH'S INCOME TO COVER LAST MONTH'S BILL.
- * I CAN'T IMAGINE LIVING WITHOUT CREDIT.
- * I WORRY ABOUT MONEY QUITE A LOT.
- * I DON'T HAVE A FORMAL SAVING'S PROGRAM.
- * I HAVE LIED TO MY SPOUSE OR CREDITORS ABOUT MAKING PAYMENTS.
- * I KNOW I SHOULD GIVE MONEY TO GOD THERE'S JUST ENOUGH RIGHT NOW.
- * I'VE TAKEN A CASH ADVANCE ON ONE CREDIT CARD TO MAKE THE PAYMENT ON ANOTHER CARD.

IF YOU CHECKED SOME OR ALL OF THESE ITEMS, GET HELP QUICK. ASK FRIENDS TO DISCIPLINE YOU, HELP YOU TO TEAR UP YOUR CREDIT CARDS, AND SUPPORT YOU IN YOUR DECISION TO STAY "SOBER" FROM BORROWING

XIV

Charter Anniversary Celebration

Working Committees

Overall Chairman	VP Bernie Cruz
Vice-chairpersons	PP Butch Arroyo PP Ricky Rios
Program	IPP BH Herrera-Dy PP Frank Abueva
Physical Arrangements	PP Ben Roxas Treas. Flor Ofrecio PP Willy Chi
Ways & Means	PP Edcel Lagman VP Roy Rivero
Food	Rtn. Sonny Roa-Yu Rtn. Bimbo Baldo
Drinks	PP Xyrus Lanot
Entertainment	PN Cynthia Sotooka Rtn. Ella Pineda
Emcees:	IPP BH Herrera-Dy PP Willy Chi

MONEY.

GET HELP IF YOU ARE A CREDIT ADDICT.

-oOo-

RAC ST Update:

The Rotaract Club of South Triangle headed by Pres. Kojih Lanot will hold a painting contest for elementary school kids in Barangay South Triangle on Sunday, September 24 from 8 AM to 11 AM at the barangay hall of Barangay South Triangle.

RAC ST plans to do their awarding during the Charter Anniversary celebration if RCST can accommodate.

RAC ST is also asking RCST to sponsor some of the prizes.

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Now hear this ... (from p 8)

Tiger to exploit them on occasion. He is a risk taker and he derives endless delight from doing those things that would horrify a fainter heart. Wood and Metal make him constantly expanding, devoted to his own interest, and hooked on instant gratification. To this Tiger, an imperfect world is simply not an acceptable option. Never try to impose well-meaning advice on him. Not only will he refuse to listen, he will trample you in his rush to get away. Whatever this Tiger 's flaws, you can depend on him to be successful and active. Even when he has achieved his goals, he is not the kind to sit bask in the glorious glow; he is sure to be off to the next task – even if it promises to throw all his accomplishments in jeopardy. This is not a Tiger who is overly concerned with relationships, and not the kind to sit down and iron out any problems, either. If things aren't right, he is more than willing to go his way alone. He can however be depended upon to find an unorthodox solution to each and every problem, and will see it through, for better or worse, in an untiring and enthusiastic way. Headstrongness doesn't even come close to describing this personality. As a Tiger, he may fall victim to niggling self doubt upon occasion, but with Water and Wood, such doubts will not last long. This Tiger needs channeling of his energies, but it is not a task for weaker types.

Year of the *Metal* Rabbit
Feb. 6, 1951 to Jan. 26, 1952

The Rabbit's natural element is Wood and in combination with Metal, this Rabbit is more of a loner than his fellow Rabbits. He has enormous faith in himself and little tolerance for those who do not share that faith. His exterior always remains unflinching polite, if a bit on the chilly side. He is passionate when emotionally moved, and is most likely

to be moved by beauty, works of art, and the more refined side of things. This Rabbit is difficult to understand; the expansiveness of Wood is in conflict with Metal's solitary nature. Nonetheless, he is sensitive and highly intelligent. He makes an excellent critic or connoisseur. He has inborn taste and an unerring eye for quality. Wood makes this Rabbit farsighted and Metal makes him visionary. He knows, without hesitation, which artist and their works make the best investments, and which will rise to prominence in the future. This Rabbit is a hard worker and immensely talented. He may reveal his gifts early in life and can have the potential to be a child prodigy. He is able to read people with the same unerring vision with which he reads works of art. But he is not the kind to express his judgments readily. The Rabbit is a tolerant type and sincerely believes that others should be allowed to follow their paths. In relationships, the Rabbit is a bit aloof. He does not bond easily with others, but when he does form a close association, he proves himself incredibly loyal and true.

Continuation next week, *Metal* Dragon, Snake, Horse and Sheep.

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President's Corner (from p 2)

We are launching our milk-feeding program this coming Monday at the Calalay Elementary School. We also have to congratulate ourselves in the GSE participation program since as of last Saturday; there were only 6 candidates in the district and 5 of who are endorsed by our club. We hope that we can now send a delegate to this program. Our participation and contributions are now expected in the district.

Now Hear This ...

by: PP Willy Chi

The Metal Rat, Ox and Tiger

Year of the *Metal Rat*

Jan 28, 1960 to Feb. 14, 1961

The combination of Metal with the sign of the Rat is bound to be successful. The normally emotionally contained Rat personality finds it easier to express his emotions as he gets older, because the elemental movement here is from Metal to Water, the Rat's natural element. While young, however, this type of Rat appears very self contained. Metal makes the Rat physically strong, and can channel his nervous energy into athletics. Also Metal strengthens the Rat's naturally caring nature, imparting high moral standards, and expanding him ideologically. This is a naturally accumulative type, capable of earning, saving, and investing money in very imaginative ways. This is someone who is both intellectually and emotionally nurturing to those around him, but the loner aspects of Metal always seem to be in some conflict with the Rat's gregarious, social nature.

Year of the *Metal Ox*

Feb 15, 1961 to Feb. 4, 1962

The element of Metal shortens the patience of the Ox while paradoxically increasing his stubbornness. The creative aspects of Metal combined with the Ox's inborn elements of Water make him artistic, eloquent and perhaps more intelligent than other members of the Ox family. This Ox relies to a great extent upon his intuition and is less objective than some others of his clan. Metal gives the Ox boundless ambition, particularly where career matters are concerned. The Metal Ox can be

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argumentative; Metal augments the natural communicative powers of Water and, when combined with the Ox's obstinacy may make him unwilling to accept other viewpoints. Nevertheless, this is a highly reliable Ox, self-sufficient and resourceful. He takes himself and his world seriously and may have melancholy moods. In the Metal Ox, logic is combined with vision. Their industriousness is contagious – the Metal Ox is nothing if not charismatic. Although this person does a fair amount of service in the interest of others, he is always personally ambitious. He is loyal to a fault, however, and remains steadfastly helping those whom he has chosen to love until death do them part. Although not always demonstrative, the Ox is warmer than other Metal-dominated Animal signs.

Year of the *Metal Tiger*

Feb.17, 1950 to Feb. 5, 1951

Wood and Metal combine in this Tiger to form an extremely aggressive, passionate personality who will stop at nothing to get to the top. His attitude is cheerful and optimistic, and he is untroubled by some of the more melancholy emotions of Metal. Others respond to his glamour and even allow this

Now hear this ... / p 7

We are proud to announce the attendance of

of the Rotary Club of

held at the Redwood Restaurant pursuant to the
Attendance Rules of the Club Constitution and
By-Laws.

Club Secretary