



RCST BULLETIN



The Official Newsletter of the Rotary Club of South Triangle
R.I. District 3780, Quezon City, Philippines

Website: <http://www.rcsouthtriangle.org>

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September 28, 2006

Kitaro Restaurant, E. Lopez St.

Club service lecture series member IPP Cathy talks before RCST

IPP Cathy Calupitan a member of the district club service lecture series committee under PP Butch Javier gave a lecture last Thursday on protocol, RI marks, classification survey, intellectual property, proper use of the RI logo among others. Though many of the topics presented had been taken for granted by many including from RCST, it was non the less very informative. The lecture was made livelier because there were discussions and arguments on some topics which lengthen the talk.

IPP Cathy was up to the task. She did a splendid job in presenting and very compose amidst a baradge of questions whether they be appropriate or otherwise. Per IPP Cathy what is important is that the club is aware of these information and adjust them accordingly to suit the clubs culture.

To IPP Cathy, a job well done and more power to you and your committee. And as a token of appreciation, Pres. Manny Guballa presented her the RCST pin.

Special thanks to IPP BH Herrera-Dy for the use of her LCD and portable sound



Pres. Manny Guballa pins the RCST pin on IPP Cathy Calupitan as a token for her very informative and lively talk on Club Service. PP Ben Roxas is partly hidden by IPP Cathy.

system and who chaired the night's meeting inspite of her not feeling well.

On other matters, IPP BH informed the club of the date change of the district "Super Jobs Fair" from Oct. 2 to Oct. 3 due to streamlining the many activities of Quezon City Hall during that week. The "Barangay Summit", per Pres. Manny will push through on Oct. 7 as scheduled. RCST members are required to find time to support both events.

-- PP Ricky Rios

President's Corner

by: Pres. Manny Guballa

Last September 23, 2006, the Rotaract Club of South Triangle sponsored, together with Barangay South Triangle, a painting contest with the theme of "A Happy Home". Most of the participants were elementary school students from Barangay South Triangle. This was held at the residence of PP Xyrus along Mother Ignacia St. The kids were given free merienda, crayons and drawing pads. The contest was judged by the Lanot Twins and in cooperation with the Rotary Club of South Triangle, promised the winners' cash prizes and medals. The awarding will be during the Charter Anniversary Celebration of the Rotary Club on November 9, 2006. This coming September 30, another contest will be sponsored for high school students in the same venue.

On September 20, 2006 we are having the "Araw ng Kabataan" Celebrations at the back of the Philippine Science High School. The host club is our mother club, the "ROCK" (Rotary Club of Kamuning). We have amply contributed to the said activity through our IPP BH. The club's presence in the said event will be highly appreciated.

Next week, we will be holding the two most important projects sanctioned by the district. Our Job's Fair has been moved from October 2 to October 3 due to the numerous events scheduled during our Mayor's birthday. This will be held at the Quezon City covered walk from 9 am to 3 pm. The other event is the Barangay Summit scheduled on October 7 at the Bulwagan Hall from 9am to 11am. Attendance of our club members on both events is a must. On October 7, the Rotary Club of Quezon City Southwest will also be holding their "Project Breast" at the Quezon City Hall.

We are distributing the solicitation letters for our November 9 induction. All

payments can be given to Diane or our chairman VP Bernie. We are encouraging everyone to submit his or her solicitations early so that we can come out with the souvenir program on time. Our theme is "Leaders of the World" and a cash prize will be given for the most dramatic costume of the night.

In lieu of Gov. Dan's birthday, a wellness and bloodletting day will be held on October 19, 2006. The venue will be announced later. On October 20, 2006, a golf tournament, "DG Dan's Golf Tournament" will be sponsored by the Rotary Club of Tandang Sora.

Our next major project will be the 1st RCST Shoot Fest slated on November 24, 2006 at Camp Karingal in Quezon City. The chairman of the project is VP Roy. We are encouraging everyone to invite his or her friends to attend the aforementioned affair. We are also enjoining everyone to look for sponsors for the said affair.

It seems that as year goes, there are more affairs and events scheduled for the Rotary Club of South Triangle. There are more district affairs planned for the coming months of November and December. I just hope that we can successfully achieve all of these projects with "flying colors".

RCST Bulletin RY 2006-2007

IPP BH Herrera-Dy , Publisher
PP Ricky Rios, Editor

Pres. Manny Guballa, Regular Contributor
Sec. Cynthia Sotooka, Regular Contributor
PP Willy Chi, Regular Contributor
Rtn. Bimbo Baldo, Regular Contributor
PP Ray Achaocso, Contributor
Rtn. Ella Pineda, Contributor
VP Bernie Cruz, Contributor

Announcements & Correspondence

- D-3780 Super Jobs Fair is on October 3, 2006 at the Quezon City Hall covered walk to coincide with Mayor Sonny 'SB' Belmonte's birthday. Host club - RCST, District Chair - PP Willy Chi, Club Chair - IPP BH Herrera-Dy.

- D-3780 Barangay Summit is on October 7, 2006 at the Amoranto Multi-purpose hall to coincide with the Barangay Day celebration. Host club - RCST.

- The 14th Charter Anniversary Celebration is on November 9, 2006 at the Amoranto multi-purpose hall. Theme is "Leaders of Nations". Overall chair - VP Bernie Cruz.

- Rotaract Club of South Triangle induction of officers on November 9, 2006 to coincide with the 14th Charter Anniversary Celebration of RCST.

- November 17, 2006 - Tentative induction date of the being formed RCST sponsored RCC of Bato-Catanduanes. RCST head representative - Director Art Tarnate.

- The RCST shootfest is on November 24, 2006 at Camp Karingal. Chairman - VP Roy Rivero.

- Please be reminded to remit your "Reaching Communities by Saving Trees" collections to office secretary Diane and continue promoting the project by selling the tickets.

PROGRAMME

Night Chairperson - FSec. Bimbo Baldo

7:00 PM Fellowship & Dinner

7:30 PM Invocation

National Anthem

Call to Order

Intro. of Visiting Rotarians

& Guests

Celebrity Time

Announcements &

Correspondence

President's Time

Adjournment

A Rotarian's Hymn

Auditor Ella Pineda

PP Willy Chi

Pres. Manny Guballa

PSec. Alvin Montano

Dir. Sylvia Lazo

Sec. Cynthia Sotooka

Pres. Manny Guballa

Pres. Manny Guballa

All

Lighter side ...

from roti breadbasket

Ten Step Guide To Being Handy Around The House

1. If you can't find a screwdriver, use a knife. If you break off the tip, it's an improved screwdriver.
2. Try to work alone. An audience is rarely any help.
3. Above all, if what you've done is stupid, but it works, then it isn't stupid.
4. Work in the kitchen whenever you can ... many fine tools are there, its warm and dry, and you are close to the refrigerator.
5. If it's electronic, get a new one ... or consult a twelve-year- old.

Words of Wisdom

Choose the direction

There is energy available to you in every situation, every encounter and every moment. And you can direct that energy in whatever way you choose.

That's how it is possible, and can even be quite likely, for a tragic situation to give rise to a beneficial opportunity. Once the energy is flowing, it can be directed toward any purpose.

Though it certainly takes effort and commitment, illness, for example, can provide the springboard to improved health. Injustice can similarly be transformed into caring and compassion.

A highly adversarial relationship can be changed into one filled with love and respect. The most bitter of enemies can become the greatest of friends.

The energy is always there. What you do with it and the way you direct that energy can make all the difference in the world.

No negative outcome is a foregone conclusion as long as you have the will to redirect the energy of life toward positive purpose. What energy can you redirect on this very day?

— Ralph Marston

Ask Rosemary (from p 5)

Rotarian in Oregon told me his club's younger members found great value in advice from older members. The older members then turned to younger members for advice about technology and marketing to a younger clientele.

XIV

Charter Anniversary Celebration Working Committees

Overall Chairman	VP Bernie Cruz
Vice-chairpersons	PP Butch Arroyo PP Ricky Rios
Program	IPP BH Herrera-Dy PP Frank Abueva
Physical Arrangements	PP Ben Roxas Treas. Flor Ofrecio PP Willy Chi
Ways & Means	PP Edcel Lagman VP Roy Rivero
Food	Rtn. Sonny Roa-Yu Rtn. Bimbo Baldo
Drinks	PP Xyrus Lanot
Entertainment	PN Cynthia Sotooka Rtn. Ella Pineda
Emcees:	IPP BH Herrera-Dy PP Willy Chi

Lighter side ... (from p 3)

6. Stay simple minded: Get a new battery; replace the bulb or fuse; see if the tank is empty; try turning the switch "on"; or just paint over it.
7. Always take credit for miracles. If you dropped the alarm clock while taking it apart and it suddenly starts working, you have healed it.
8. Regardless of what people say, kicking, pounding, and throwing sometimes DOES help.
9. If something looks level, it is level.
10. If at first you don't succeed, redefine success.

Ask Rosemary (from p 6)

that's not motivation to go out and recruit, what is?

I live in an area with more senior citizens than young people. How do we go about finding young people to join?

Peggy Scott, 53, Rotary Club of Benson, Ariz., USA

The first thing I'd say is really look at your business community. Look at the demographics, and find out if the people you see most often are actually the dominant population in your community. There's somebody in town running the restaurants and the banks. There are lawyers and doctors who are serving the population. How old are they? When I really started getting into this whole "getting younger" business, I started looking in my local paper, philanthropic newsletters, and other journals. In Washington, we have something in the Puget Sound Business Journal called "Forty Under 40." Every year, it features 40 up-and-coming business people under the age of 40. I always look and ask, are these people Rotarians? So, I suggest examining your community first. Then, if the demographics truly are older, well, you can be young at heart.

As a 30-something, I think older members need to know about the challenges younger members face in terms of time constraints. Can you address what activities fill up young people's time?

John Burpee, 38, Rotary Club of Dallas, Texas, USA

Younger people are earlier in their careers, so they're likely putting in more hours. They have sports. They have families. They have other interests, and often they have other

philanthropic work. Also, younger generations place more value on their life-work balance, and they put life first – not work. But I've read and observed that people, regardless of age, will make time for things they believe in, even if time is scarce. Just remember that clubs should make every moment count during a meeting, during service projects, and after hours. If your meetings drag on, you will lose younger members to their BlackBerrys.

How can Rotary retain more young members, given that a younger person's obligations are different from an older person's?

Lydia Bennett, 46, Rotary Club of Bellingham Sunrise, Wash., USA

Consider creating a "club in a club": Have eight or so new members all join at the same time. Give them license to develop and implement their own projects (with club support, of course). Talk with them to understand how your club's culture might need to change to deal with their time constraints and interests. If you're trying to bring 20- and 30-somethings into a club with an average age of 58, this strategy will help keep them. I'm afraid younger members are going out the back door because there's not a critical mass of them to form friendships within Rotary. We need to give them service opportunities that they like. Learn more at www.clubinaclub.com.

Another option is to charter new clubs that focus on recruiting members under 35. Younger leaders and members will create a Rotary club that best meets their interests, time constraints, and motivations. After the clubs are started, we "more mature" Rotarians can join them and acclimate ourselves to their culture.

Finally, think about two-way mentoring. A

Ask Rosemary / p 4

Ask Rosemary

Read the RCST Bulletin in the internet at
http://www.rcsouthtriangle.org/Club_bulletin.html

Regional RI Membership Coordinator Rosemary Barker Aragon dishes on attracting younger members

*Joyce Campbell, 62, Rotary Club of Midland,
Ont., Canada*

The Rotarian

September 2006

Rosemary Barker Aragon believes clubs that want to last need to have a plan.

The numbers tell us that we cannot be complacent. Call it building “bench strength.” In sports – and in our business and professional lives – we all want to develop the next generation so it can successfully run our organizations. For the first time in the U.S. workplace, we have four generations working side by side: the traditionalists (people in their 60s and older), baby boomers (roughly mid-40s to early 60s), Generation Xers (late 20s to early 40s), and millennials (mid-20s and younger). Over the next 25 years, 80 million baby boomers will retire, but there will be only 46 million Generation Xers to take their place. That means we need to get many more Generation Xers into Rotary to sustain membership at its current level. The generation after them, sometimes called the millennials or Generation Y, is actually about the same size as the baby boom population. Why would we ignore such an important and large group? I’m not sure if the situation is the same in Canada, but I encourage you to look into it and present the numbers to your club. For Rotary to be prominent in the next 100 years, young people are the answer. If

As the regional Rotary International membership coordinator (RRIMC) for Zone 23, she’s made “getting young again” her crusade. After researching generational differences, Aragon hit the road to present her findings at multidistrict presidents- and governors-elect training seminars, district conferences and membership seminars, and zone membership seminars. In her talks, she challenges clubs to get the facts about their business community and to make plans for approaching potential members from a variety of age groups. Then she goes in for the zinger questions: But are you going to listen to younger members when you’ve got them? Are you going to modify your club’s culture to accommodate them?

When she’s not speaking about membership, Aragon writes about attracting younger Rotarians in a monthly column for a district membership newsletter. Aragon is a baby boomer and a member of the Rotary Club of University District of Seattle, Wash., USA. Read the advice she gave when we encouraged Rotarians in North America to write in and Ask Rosemary.

We seem to have a complacency issue in our club. How do we motivate our members to go out and recruit younger people?

Ask Rosemary / p 5

We are proud to announce the attendance of

of the Rotary Club of

held at the Redwood Restaurant pursuant to the
Attendance Rules of the Club Constitution and
By-Laws.

Club Secretary